

Foundational Attributes of a Healthy & Maturing Christ Follower

The SCEFC Sandbox provides the framework for the ministry of our local body. The Central Ministry Focus is the one thing that we, as a part of the body, need to be doing daily to maximize the effectiveness of the ministry of SCEFC. We believe that our daily focus must be “To develop Christ followers by helping people connect, grow and flow.”

In order to be effective in application of the Sandbox, and of the Central Ministry Focus in particular, our first step must be the development of healthy and maturing Christ followers. We believe that the attributes listed below are foundational to the development of healthy and maturing Christ followers. While this list is far from exhaustive, it represents specific attributes/actions we want to trust God to produce in us as we intentionally seek to build them into our lives ([Col. 1:28-29](#)).

Connecting with God in a relationship characterized by Intimacy and Dependence

- A Christ follower is intentional about spending time alone with God on a regular basis ([Ps. 63](#); [Matt 6:33](#); [John 8:31-32](#))
- A Christ follower can use scripture to explain the Spirit-filled life ([Gal 5: 16-26](#))
- A Christ follower is living a life that demonstrates the fruit of the Holy Spirit ([Gal. 5:22-23](#))
- A Christ follower is devoted to the rhythm of prayer ([2 Chron. 7:14-15](#); [Ps. 145:18](#); [Matt. 7:7-11](#); [Eph. 6:18](#); [Phil. 4:6](#); [Col. 4:2](#))

Growing in Christ-like Character and Conduct

- A Christ follower has a plan and is taking steps to grow in at least one area of Christ-like character or conduct ([Ps. 1:1-3](#); [Eph. 4:15](#); [Phil. 2:1-11](#))
- A Christ follower is able to point to evidence of tangible change in this area of their life ([Jn. 15:8](#); [Gal. 2:20](#); [Col. 3:1-17](#))

Connecting with one another in relationships characterized by Love and Service

- A Christ follower is intentionally building relationships in the body ([1 John 4:7-11](#); [Heb. 10:24-25](#))
- A Christ follower has taken the initiative to identify and use their spiritual gifts to serve the body ([Rom. 12:3-8](#))
- A Christ follower knows and is living out Biblical principles regarding how they relate to one another in the body ([Jn. 13:34-35](#); and see [SCEFC Relational Commitments](#))

Flowing on mission through Evangelism and Making Disciplemakers

- A Christ follower is able to use scripture to clearly articulate the Gospel ([2 Cor. 5:14-21](#); [2 Tim 3:16-17](#))
- A Christ follower has identified and is reaching out to their “one” ([Is. 49:6](#); [Matt. 5:14-16](#); [Luke 15:3-32](#); [Acts 1:7-8](#))
- A Christ follower has identified and is intentionally building into at least one other person with the goal of helping them to become a disciplemaker ([2 Tim 2:1-7](#); [Phil. 2:19-23](#); [2 Tim. 3:10-15](#))