

Seeking God Worksheet

We are as close to God as we choose to be! Intimacy with God comes from:

Deep Desire

*O God, you are my God; I earnestly search for you.
My soul thirsts for you; my whole body longs for you
in this parched and weary land where there is no water.*

Look at Paul's example (Phil 3: 7-11) what can you learn from this?

"You will seek me and find me when you seek me with all your heart." (Jer. 29:11)

What would it look like for you to seek God with all your heart?
What holds you back from that?

How would you express your level of desire for the Lord right now?
Ask Him to give you a deep desire for Himself!

Dependence

"In my life the greatest hindrance to developing intimacy with the father is my bent to live my life in my own strength, to rely on my own insight, to think that I know what God wants me to do."
(Cynthia Heald)

Read Ps. 62:5-8, what do you learn from David's example?

What would it look like for you to live in total dependence on God?
What holds you back from that?

Abiding

"Abiding is choosing to live in His presence and realizing that He is with me wherever I go. It is continually sharing my thoughts with Him throughout the day." (Heald)

Read John 15: 1-17 what do you learn about abiding?

Abiding conveys a constancy, a continuity, and a daily communion with the Lord. What would this look like for you?

Abiding with the Lord will change my life. It will change my thought life, my activities, and my relationships (among other things). I will desire to live a life pleasing to Him out of gratitude for what he has done for me (Rom. 12:1-2)

Are there areas of your life that you need to submit to Him? What keeps you from that?

Intimacy for me is essentially a settled assurance that God is with me and for me even though my feelings and circumstances seem to deny His commitment to our relationship. It is trusting Him and His promise to never leave me or forsake me." (Heald)

Promises related to seeking the Lord

- Ps 9:10
- Ps. 24:3-6
- Ps. 27:4-6
- Ps. 34:4
- Ps. 63:1-8
- Mt. 11:28-30