‘Spiritual Strength’ - Ephesians 3:14-21

Spiritual Strength is:

1. **SURRENDERING** to God. (14-15)

2. **POWER** through the Holy Spirit (16)

3. **DWELLING** with Christ (17)

4. **KNOWING AND LIVING** in the love of Jesus. (18-19)

Application - for personal reflection:

1. *What are the traits of families and churches that build our lives on love?*
2. *How can you know that God’s power is working through us rather than our own strength?*
3. *Think of a time when you felt or sensed the love of Christ?*
4. *What is one way that you can show the love of Christ to those around you this week?*