

**ANOTHER SONG TO SLEEP PEACEFULLY BY:
Where do you Find Rest?**

Psalm 4

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- I. Crying out to God for mercy is our best plea
 - A. Psalm 4:1
 - B. a model for prayer: how do we cry out?
 - C. our righteousness comes only from God
 - D. remember past blessings
 - E. cry out for mercy and grace

- II. Knowing Whose you are brings confidence in prayer
 - A. Psalm 4:3
 - B. put your faith and trust in Christ and be confident that you will be heard when you cry to God

- III. We can deal with our anger righteously
 - A. Psalm 4:4-5
 - B. do not sin, forgive
 - C. meditate, search your heart, and be silent
 - D. do the right thing and then trust in the Lord

- IV. Our source of joy is found in the mercy and grace God has given to us
 - A. Psalm 4:7
 - B. outside conditions do not determine our joy
 - C. when God puts mercy and grace in the heart, He puts gladness in the heart

- V. Our source of a peaceful rest is found in Christ alone
 - A. Psalm 4:8
 - B. an Evening Psalm
 - C. the anxieties of life do not determine our peace
 - D. being peaceful while "alone" may be what some of us need
 - E. rest comes from God's promises and actions, but most fundamentally from His heart