



DEVELOPING BY: \_\_\_\_\_ Growing/building from scratch  
\_\_\_\_\_ Adapting/improvising  
\_\_\_\_\_ Refining/clarifying what exists  
\_\_\_\_\_ Maximizing/getting the most from  
\_\_\_\_\_ Building relationships

OVERSEEING BY: \_\_\_\_\_ Directing how it should be done  
\_\_\_\_\_ Monitoring/checking up on activity  
\_\_\_\_\_ Showing the way from my own experience  
\_\_\_\_\_ Managing the talents of others  
\_\_\_\_\_ Facilitating/providing needed resources  
\_\_\_\_\_ Coordinating performance of others  
\_\_\_\_\_ Facilitating cooperative team effort

INFLUENCING BY: \_\_\_\_\_ Motivating and inspiring  
\_\_\_\_\_ Initiating/suggesting changes/alternatives  
\_\_\_\_\_ Selling/persuading  
\_\_\_\_\_ Getting others involved/recruiting

COMMUNICATING BY: \_\_\_\_\_ Articulating and explaining  
\_\_\_\_\_ Conferring/discussing  
\_\_\_\_\_ Reporting/describing  
\_\_\_\_\_ Publicizing/getting the word out  
\_\_\_\_\_ Writing

CREATING BY: \_\_\_\_\_ Designing  
\_\_\_\_\_ Composing  
\_\_\_\_\_ Innovating/originating

EVALUATING BY: \_\_\_\_\_ Analyzing/dissecting (examining each part closely)  
\_\_\_\_\_ Figuring/calculating (to make a specific determination)  
\_\_\_\_\_ Appraising/assessing market value  
\_\_\_\_\_ Comparing to standards  
\_\_\_\_\_ Weighing the pros and cons

DOING BY: \_\_\_\_\_ Lifting/straining/exerting  
\_\_\_\_\_ Manipulating manually  
\_\_\_\_\_ Implementing specific directions  
\_\_\_\_\_ Serving behind the scenes  
\_\_\_\_\_ Providing technical skills  
\_\_\_\_\_ Providing computer skills

PERFORMING BY: \_\_\_\_\_ Acting a role/part  
\_\_\_\_\_ Singing/reciting  
\_\_\_\_\_ Giving presentations/speeches

PRODUCING BY: \_\_\_\_\_ Assembling/fabricating (according to plans, specifications)  
\_\_\_\_\_ Crafting/making from materials  
\_\_\_\_\_ Processing/treating materials to achieve results

TEACHING BY: \_\_\_\_\_ Guiding/tutoring individuals  
\_\_\_\_\_ Training/drilling (to prepare/equip)  
\_\_\_\_\_ Stimulating/eliciting a response (getting others interested)

HELPING OTHERS BY: \_\_\_\_\_ Encouraging/nurturing those in need  
\_\_\_\_\_ Counseling/advising others  
\_\_\_\_\_ Welcoming, making others feel comfortable

**Step Two: Support your motivated abilities choice with examples from your achievements.**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**

**Ability:** \_\_\_\_\_

**Examples:**