

EXPERIENCE EXERCISE

Step 1: Take some extended time with the lord and prayerfully reflect on: (I would suggest have a sheet of paper for each area and just write down whatever comes to mind)

- ◆ **Your spiritual experiences**
What were some meaningful decisions, significant times with God, and turning points?

- ◆ **Your family experiences**
What did you learn, what was modeled/valued, what were significant memories?

- ◆ **Your painful experiences**
What problems, hurts, and trials have you learned from?

- ◆ **Your educational experiences**
What were your favorite subjects in school, what do you love to learn about?

- ◆ **Your ministry experiences**
How have you served in the past, what were your best ministry experiences?

Step 2: Ask the lord to reveal how he has used these experiences to shape you into the person you are today (Perhaps at the bottom of each experience sheet try to summarize the main 2-3 ways God used those experiences to shape you).

Step 3: Take some time to thank god for being sovereign in the midst of these experiences.

Step 4: Ask him to use the things he has taught you through these experiences to minister to someone else.

Step 5: Transfer answers to shape profile